



Frequently Asked Questions

1. What is the cost associated with implementing FIRE in a school?

The FIRE Within costs \$5000 to implement per class. Thanks to the generosity of Adopt a Class sponsors and foundation support, all FIRE Within programming is provided **free of charge** to partnering schools.

2. How do you run FIRE Within in a school?

First we identify a classroom teacher who would like to implement the program in their class. We typically partner with Marketing, Business, Leadership, ACE, AVID, and Psychology classes. We can also find another class with similar learning objectives, help you create an elective, or develop an after-school group.

3. How long does it take to implement FIRE?

The FIRE Within is a project-based curriculum that takes approximately 30 hours to implement. The first half of the program teaches youth about leadership, mental health, and business principles. The second half of the program empowers students to take the lead by launching and managing their social enterprise. FIRE Within students typically meet 1-2 times per week for 50-90 minutes, September through late March.

4. Why should I implement FIRE in my school?

Peer to peer communication is incredibly powerful. When high school students become leaders in suicide prevention, they are able to make meaningful and lasting positive change in their schools. Our studies show that each FIRE Within student shares their suicide prevention message with approximately 100 people, meaning a class of 20 students will impact up to 2,000 people, saving lives and building a stronger, healthier community.

5. How many students can participate in the FIRE Within Program?

We recommend partnering classes have between 10-30 students. We can accommodate multiple classes per school, or even an entire grade level.

6. Doesn't talking about suicide give youth ideas or spread contagion?

Nope! Research has proven that talking about mental health and suicide actually reduces the stigma and helps youth get the help they need.

